

Law Day Run
 Coles Woods Glens Falls NY
 May 1, 2009
 2.75 Mile XC Run

| Place | Div/Tot | Name | Age | Sex | Time | Pace |
|-------|---------|--------------------|-----|-----|-------|-------|
| 1 | 1/11 | Bob Underwood | 48 | M | 15:52 | 5:47 |
| 2 | 2/11 | Mike Wynn | 42 | M | 16:09 | 5:53 |
| 3 | 3/11 | John Ehntholt | 42 | M | 17:34 | 6:24 |
| 4 | 1/4 | Todd Eicher | 36 | M | 17:42 | 6:27 |
| 5 | 1/5 | Alex Custonguay | 13 | M | 18:14 | 6:38 |
| 6 | 1/7 | Heidi Underwood | 39 | F | 19:23 | 7:03 |
| 7 | 1/7 | Justine Mosher | 24 | F | 19:23 | 7:03 |
| 8 | 4/11 | Will McGivney | 46 | M | 19:31 | 7:06 |
| 9 | 5/11 | Dennis O'Connor | 42 | M | 19:54 | 7:15 |
| 10 | 6/11 | Dave Fensterer | 41 | M | 19:56 | 7:15 |
| 11 | 7/11 | Will Doolittle | 48 | M | 20:03 | 7:18 |
| 12 | 2/5 | Hayden Fitzgerald | 12 | M | 20:28 | 7:27 |
| 13 | 3/5 | Matthew Hayden | 14 | M | 20:30 | 7:28 |
| 14 | 1/2 | Sherri Metcalfe | 11 | F | 20:32 | 7:28 |
| 15 | 1/4 | Richard Munson | 60 | M | 20:44 | 7:33 |
| 16 | 2/7 | Michelle Rodriguez | 38 | F | 22:38 | 8:14 |
| 17 | 8/11 | Bob Iusi | 47 | M | 22:38 | 8:14 |
| 18 | 2/4 | Jason Carusone | 39 | M | 22:39 | 8:15 |
| 19 | 2/7 | Lindsay Lentini | 22 | F | 23:25 | 8:31 |
| 20 | 9/11 | Jim Humiston | 44 | M | 23:34 | 8:35 |
| 21 | 3/4 | Adam Root | 32 | M | 23:44 | 8:38 |
| 22 | 3/7 | Susanne Hayden | 39 | F | 24:14 | 8:49 |
| 23 | 3/7 | Kathryn Tatko | 25 | F | 24:55 | 9:04 |
| 24 | 1/4 | Glenn Schaff | 58 | M | 25:03 | 9:07 |
| 25 | 10/11 | Steve Obermayer | 47 | M | 25:31 | 9:17 |
| 26 | 2/4 | John Hall | 59 | M | 26:03 | 9:29 |
| 27 | 1/11 | Lori Humiston | 43 | F | 26:06 | 9:30 |
| 28 | 3/4 | Michael Maguire | 53 | M | 26:20 | 9:35 |
| 29 | 4/7 | Kathleen Tersigni | 38 | F | 26:21 | 9:35 |
| 30 | 11/11 | Greg Canale | 47 | M | 26:23 | 9:36 |
| 31 | 2/11 | Sue Granger | 47 | F | 26:25 | 9:37 |
| 32 | 1/4 | Lauri Hughes | 56 | F | 27:11 | 9:54 |
| 33 | 2/2 | Cassie Lacy | 13 | F | 27:15 | 9:55 |
| 34 | 4/4 | Michael Harman | 32 | M | 28:14 | 10:16 |
| 35 | 4/5 | Gabe Alagno | 14 | M | 28:21 | 10:19 |
| 36 | 2/4 | Dennis Phillips | 63 | M | 28:59 | 10:33 |
| 37 | 4/7 | Joelle Stanton | 24 | F | 29:38 | 10:47 |
| 38 | 5/5 | Jeff Underhill | 12 | M | 30:12 | 10:59 |
| 39 | 3/11 | Tammy Moffitt | 44 | F | 30:23 | 11:03 |
| 40 | 4/11 | Lisa Lowder | 40 | F | 30:24 | 11:04 |
| 41 | 3/4 | Richard Glasheen | 67 | M | 31:43 | 11:32 |
| 42 | 5/7 | Laura Hammer | 26 | F | 31:56 | 11:37 |
| 43 | 2/4 | Debbie Carpenter | 53 | F | 32:55 | 11:59 |
| 44 | 5/11 | Lisa Leonard | 43 | F | 33:25 | 12:10 |
| 45 | 6/7 | Lisa Grabbe | 27 | F | 33:31 | 12:12 |
| 46 | 5/7 | Missy Root | 33 | F | 33:37 | 12:14 |
| 47 | 6/7 | Jeanine Lawler | 36 | F | 33:59 | 12:22 |
| 48 | 6/11 | Lisa Davis | 45 | F | 35:17 | 12:50 |
| 49 | 7/11 | Holly Moore | 47 | F | 35:17 | 12:50 |
| 50 | 3/4 | Janet Olden | 56 | F | 35:17 | 12:50 |

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| Place | Div/Tot | Name | Age | Sex | Time | Pace |
|-------|---------|---------------------|-----|-----|-------|-------|
| 51 | 7/7 | Laura Braley | 34 | F | 36:55 | 13:26 |
| 52 | 8/11 | Robin Getchell-Smit | 45 | F | 36:56 | 13:26 |
| 53 | 9/11 | Michelle Bedell | 47 | F | 37:04 | 13:29 |
| 54 | 7/7 | Kate Marcantonio | 23 | F | 37:04 | 13:29 |
| 55 | 4/4 | Alicia Munson | 58 | F | 42:34 | 15:29 |
| 56 | 4/4 | Mike Regan | 53 | M | 44:07 | 16:03 |
| 57 | 10/11 | Atty Maffetore | 48 | F | 44:07 | 16:03 |
| 58 | 11/11 | Queen Eileen | 44 | F | 46:24 | 16:53 |
| 59 | 1/1 | Rosary Lomonaco | 62 | F | 47:20 | 17:13 |
| 60 | 4/4 | Larry Lomonaco | 66 | M | 50:17 | 18:18 |
| 61 | | Unknown Runner | | | 57:04 | 20:46 |
| 62 | | Unknown Runner | | | 57:11 | 20:48 |

Law Day Run
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***** AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

1 Heidi Underwood 39 19:23

***** MALE OVERALL RESULTS *****

1 Bob Underwood 48 15:52

FEMALE AGE GROUP: 01 - 19

1 14 Sherri Metcalfe 11 20:32

2 33 Cassie Lacy 13 27:15

MALE AGE GROUP: 01 - 19

1 5 Alex Custonguay 13 18:14

2 12 Hayden Fitzgerald 12 20:28

FEMALE AGE GROUP: 20 - 29

1 7 Justine Mosher 24 19:23

MALE AGE GROUP: 20 - 29

FEMALE AGE GROUP: 30 - 39

1 16 Michelle Rodriguez 38 22:38

MALE AGE GROUP: 30 - 39

1 4 Todd Eicher 36 17:42

FEMALE AGE GROUP: 40 - 49

1 27 Lori Humiston 43 26:06

MALE AGE GROUP: 40 - 49

1 2 Mike Wynn 42 16:09

FEMALE AGE GROUP: 50 - 59

1 32 Lauri Hughes 56 27:11

MALE AGE GROUP: 50 - 59

1 24 Glenn Schaff 58 25:03

FEMALE AGE GROUP: 60 - 69

1 59 Rosary Lomonaco 62 47:20

MALE AGE GROUP: 60 - 69

1 15 Richard Munson 60 20:44

FEMALE AGE GROUP: 70 - 99

MALE AGE GROUP: 70 - 99

AGE-GROUP RESULTS
Law Day Run
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MALE AGE GROUP: 1 - 19

| | | | | |
|---|----|-------------------|----|-------|
| 1 | 5 | Alex Custonguay | 13 | 18:14 |
| 2 | 12 | Hayden Fitzgerald | 12 | 20:28 |
| 3 | 13 | Matthew Hayden | 14 | 20:30 |
| 4 | 35 | Gabe Alagno | 14 | 28:21 |
| 5 | 38 | Jeff Underhill | 12 | 30:12 |

FEMALE AGE GROUP: 1 - 19

| | | | | |
|---|----|-----------------|----|-------|
| 1 | 14 | Sherri Metcalfe | 11 | 20:32 |
| 2 | 33 | Cassie Lacy | 13 | 27:15 |

MALE AGE GROUP: 19 - 29

FEMALE AGE GROUP: 19 - 29

| | | | | |
|---|----|------------------|----|-------|
| 1 | 7 | Justine Mosher | 24 | 19:23 |
| 2 | 19 | Lindsay Lentini | 22 | 23:25 |
| 3 | 23 | Kathryn Tatko | 25 | 24:55 |
| 4 | 37 | Joelle Stanton | 24 | 29:38 |
| 5 | 42 | Laura Hammer | 26 | 31:56 |
| 6 | 45 | Lisa Grabbe | 27 | 33:31 |
| 7 | 54 | Kate Marcantonio | 23 | 37:04 |

MALE AGE GROUP: 30 - 39

| | | | | |
|---|----|----------------|----|-------|
| 1 | 4 | Todd Eicher | 36 | 17:42 |
| 2 | 18 | Jason Carusone | 39 | 22:39 |
| 3 | 21 | Adam Root | 32 | 23:44 |
| 4 | 34 | Michael Harman | 32 | 28:14 |

FEMALE AGE GROUP: 30 - 39

| | | | | |
|---|----|--------------------|----|-------|
| 1 | 6 | Heidi Underwood | 39 | 19:23 |
| 2 | 16 | Michelle Rodriguez | 38 | 22:38 |
| 3 | 22 | Susanne Hayden | 39 | 24:14 |
| 4 | 29 | Kathleen Tersigni | 38 | 26:21 |
| 5 | 46 | Missy Root | 33 | 33:37 |
| 6 | 47 | Jeanine Lawler | 36 | 33:59 |
| 7 | 51 | Laura Braley | 34 | 36:55 |

MALE AGE GROUP: 40 - 49

| | | | | |
|----|----|-----------------|----|-------|
| 1 | 1 | Bob Underwood | 48 | 15:52 |
| 2 | 2 | Mike Wynn | 42 | 16:09 |
| 3 | 3 | John Ehntholt | 42 | 17:34 |
| 4 | 8 | Will McGivney | 46 | 19:31 |
| 5 | 9 | Dennis O'Connor | 42 | 19:54 |
| 6 | 10 | Dave Fensterer | 41 | 19:56 |
| 7 | 11 | Will Doolittle | 48 | 20:03 |
| 8 | 17 | Bob Iusi | 47 | 22:38 |
| 9 | 20 | Jim Humiston | 44 | 23:34 |
| 10 | 25 | Steve Obermayer | 47 | 25:31 |
| 11 | 30 | Greg Canale | 47 | 26:23 |

FEMALE AGE GROUP: 40 - 49

| | | | | |
|----|----|---------------------|----|-------|
| 1 | 27 | Lori Humiston | 43 | 26:06 |
| 2 | 31 | Sue Granger | 47 | 26:25 |
| 3 | 39 | Tammy Moffitt | 44 | 30:23 |
| 4 | 40 | Lisa Lowder | 40 | 30:24 |
| 5 | 44 | Lisa Leonard | 43 | 33:25 |
| 6 | 48 | Lisa Davis | 45 | 35:17 |
| 7 | 49 | Holly Moore | 47 | 35:17 |
| 8 | 52 | Robin GetchellSmith | 45 | 36:56 |
| 9 | 53 | Michelle Bedell | 47 | 37:04 |
| 10 | 57 | Atty Maffetore | 48 | 44:07 |
| 11 | 58 | Queen Eileen | 44 | 46:24 |

MALE AGE GROUP: 50 - 59

| | | | | |
|---|----|-----------------|----|-------|
| 1 | 24 | Glenn Schaff | 58 | 25:03 |
| 2 | 26 | John Hall | 59 | 26:03 |
| 3 | 28 | Michael Maguire | 53 | 26:20 |
| 4 | 56 | Mike Regan | 53 | 44:07 |

FEMALE AGE GROUP: 50 - 59

| | | | | |
|---|----|------------------|----|-------|
| 1 | 32 | Lauri Hughes | 56 | 27:11 |
| 2 | 43 | Debbie Carpenter | 53 | 32:55 |
| 3 | 50 | Janet Olden | 56 | 35:17 |
| 4 | 55 | Alicia Munson | 58 | 42:34 |

MALE AGE GROUP: 60 - 69

| | | | | |
|---|----|------------------|----|-------|
| 1 | 15 | Richard Munson | 60 | 20:44 |
| 2 | 36 | Dennis Phillips | 63 | 28:59 |
| 3 | 41 | Richard Glasheen | 67 | 31:43 |
| 4 | 60 | Larry Lomonaco | 66 | 50:17 |

FEMALE AGE GROUP: 60 - 69

| | | | | |
|---|----|-----------------|----|-------|
| 1 | 59 | Rosary Lomonaco | 62 | 47:20 |
|---|----|-----------------|----|-------|

MALE AGE GROUP: 70 - 99

FEMALE AGE GROUP: 70 - 99