

2009 Adirundack Trail Race Series: Race #3

Cole's Woods, Glens Falls NY.....Sunny, 72 Degrees

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|-----|-------------------------|----|-------|-----------------------------|-----------------------------------|
| 1. | Shaun Donegan | 23 | 16:57 | | |
| 2. | Gabe Campbell | 19 | 17:10 | | |
| 3. | Joel Gordon | 38 | 17:25 | | |
| 4. | Alex Benway | 19 | 17:27 | | |
| 5. | Mike Wynn | 42 | 17:29 | | |
| 6. | Aaron Newell | 16 | 17:45 | | |
| 7. | Volker Burkowski | 37 | 17:47 | | |
| 8. | <u>Jen Adams</u> | 22 | 17:51 | * New Women's Course Record | |
| 9. | <u>Anna Crawford</u> | 22 | 18:56 | | |
| 10. | Bill Henke | 34 | 19:04 | | |
| 11. | Courteney Guertin | 33 | 19:26 | | |
| 12. | Timothy Bardin | 47 | 19:33 | | |
| 13. | <u>Carly Wynn</u> | 16 | 19:44 | | |
| 14. | Sam Tarrant | 21 | 19:49 | | |
| 15. | Mike Pinto | 35 | 19:53 | | |
| 16. | Steve Bouchard | 21 | 20:42 | | |
| 17. | Scott Wright | 39 | 21:46 | | |
| 18. | <u>Karen Provencher</u> | 54 | 22:01 | | |
| 19. | Bob May | 19 | 22:01 | | |
| 20. | Will McGivney | 46 | 21:11 | | |
| 21. | Dan Olden | 57 | 22:18 | | |
| 22. | Roy Kline | 56 | 22:26 | | |
| 23. | Justine Trybendis | 23 | 22:28 | | |
| 24. | Jason Campapiano | 36 | 22:45 | | |
| 25. | Jim Goodspeed | 58 | 22:46 | | |
| 26. | <u>Starlett Cook</u> | 45 | 22:52 | | |
| 27. | <u>Sue Thompson</u> | 42 | 22:55 | | |
| 28. | <u>Erin McMahon</u> | 30 | 23:17 | | |
| 29. | <u>Tyra Wynn</u> | 11 | 23:32 | | |
| 30. | <u>Jackie Wright</u> | 49 | 23:38 | | |
| 31. | <u>Genevieve May</u> | 49 | 24:00 | | |
| 32. | Jake Navatka | 19 | 24:18 | | |
| 33. | <u>Donna Ruppel</u> | 45 | 24:23 | | |
| 34. | Chris Nelson | 31 | 24:35 | | |
| 35. | Alex Howk | 13 | 24:41 | | |
| 36. | John Kilmer | 36 | 25:17 | | |
| 37. | Jim Humiston | 44 | 25:29 | | |
| 38. | Damien Rock | 28 | 25:57 | 50. | <u>Jen Bashant</u> 34 31:08 |
| 39. | <u>Allison Taub</u> | 27 | 25:58 | 51. | Michael Maguire 51 31:33 |
| 40. | <u>Ann Herring</u> | 36 | 26:22 | 52. | <u>Kathleen Tersigni</u> 38 31:37 |
| 41. | <u>Lisa Ryan</u> | 43 | 28:10 | 53. | Steve Obermayer 47 31:38 |
| 42. | Mike Choppa | 47 | 28:10 | 54. | <u>April VanHeusen</u> 41 31:39 |
| 43. | <u>Jen Whalen</u> | 30 | 28:30 | 55. | <u>Joanne LaLonde</u> 51 33:16 |
| 44. | Mike Rozell | 52 | 28:30 | 56. | <u>Colleen Cook</u> 58 33:43 |
| 45. | Andy Martino | 44 | 29:09 | 57. | Bob Trembley 49 35:00 |
| 46. | Mark Schachner | 54 | 29:27 | 58. | <u>Jackie Trembley</u> 45 35:33 |
| 47. | <u>Sally McGuirk</u> | 50 | 29:27 | 59. | Rich Bashant 33 36:13 |
| 48. | <u>Colleen Knight</u> | 43 | 30:01 | 60. | <u>Kelly McCart</u> 32 40:41 |
| 49. | <u>Gina Martin</u> | 45 | 30:14 | 61. | <u>Tracy Fidd</u> 38 40:41 |